

CLWYD SPECIAL RIDING CENTRE
NORTH WALES

The British Horse Society

Changing Lives through horses

An alternative Educational Programme at Clwyd Special Riding Centre

The British Horse Society Changing Lives Through Horses programme is an educational and character-building programme which encompasses the development of life skills and academic achievement. Delivered within an equine environment, the structured award-based programme links to the national curriculum.

As an approved BHS centre, Clwyd Special Riding Centre (CSRC) is the first equestrian establishment in North Wales to offer the programme where children and young people can learn in a safe environment, and nurture skills that could otherwise remain hidden; all whilst under the instruction of experienced accredited professional coaches.



It is proven that horses can be hugely therapeutic, and just being in their presence can provide many benefits to help overcome life's daily hurdles and anxieties.



Who is the programme for?

At CSRC, the programme is aimed at children and young people aged 8-25 years who have become, or are at risk of becoming, disengaged or excluded from education or training; or those with additional needs that mean they need more support to maintain their school placement. The programme works closely and in partnership with schools, local authorities, and other referral agencies.



Home-schooled children are also eligible. Grants are available from the BHS for those electively home-schooled and with no form of financial support.



Participants who have benefitted from the programme include those with special educational needs, social and emotional mental health needs, and those who may have experienced trauma or adverse childhood experiences. Over 16s Not in Education, Employment or Training (NEET), or at risk of social exclusion, may be eligible.













What does the programme involve?
The main aim of the programme is to develop and support six key life skills:

- Communication
- Confidence
- Teamwork
- Building Relationships
- Perseverance, and
- Responsibility.

The programme is structured around two frameworks – the Achieve, and Explorer awards. Both offer horse care and ridden modules with structured awards and certificates that recognise and reward achievement.

Activities contained in each award provide opportunities for the participant to develop transferable skills that are linked to their school or further education curriculum, and to build a portfolio of equine knowledge and experience that could lead to a pathway of further industry qualifications.

In the near future, CSRC will also be offering the accredited Personal Development Qualifications which are integrated within the programme at Entry Level 3, Level 1 and Level 2.





Clwyd Special Riding Centre (CSRC) is an independent registered charity located in the beautiful Welsh hillside village of Llanfynydd, near Wrexham, North Wales.

The Centre provides state-of-the-art facilities that support Riding for the Disabled and equine based activities, benefitting people of all ages with a wide range of disabilities and additional needs.

Contact us to find out more...

To find out more about this new exciting provision, contact our lead coach for the programme:
Sara Henney on 01352 770446 (Option 4)
or email: volunteering@clwydspecialridingcentre.co.uk

Visit our website: www.clwydspecialridingcentre.co.uk

Follow us:

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